If you ever watched nineties television, then you remember the show *Friends*! Each episode was named for “The One Where...” and whatever happened on that episode was inserted into the title. You also probably remember the infamous episode where a couch was being moved up a stair case and after struggling to make the turn, Ross yells “PIVOT” to his helpers!

We believe 2022 was **“The One Where We PIVOT!”** Covid brought us so many restrictions and slowed the pace. 2022 was the year that things returned to “normal”. Though for many of our clients the “normal” wasn’t necessarily something they wanted. Many of them faced loss of income due to the Covid shutdown, which brought missed rental payments, loss of health insurance and high utility bills.

While trying to maintain safety and continue providing support, we invited our volunteers back into the daily routine. And they were happy to be back. Our volunteers, wearing masks in the early part of the year, were so happy to see our clients and enjoyed serving again alongside our staff.

And what can we say about our staff? Well, they certainly carried the heavy end of the couch. Together, we brainstormed for ways to continue providing the services of the dental clinic, the Open Door and Meals on Wheels. Donations were steady as our community remembered the needs of so many, through the giving of monetary gifts, as well as clothing, bottles of water and other snacks for our Open Door Program.

If we had to pick a word to describe our year, we would choose Resiliency. Defined as being able to withstand an obstacle or recover quickly from difficult situations, we believe our staff, volunteers and community did just that.

So, thank you staff, volunteers and community. You should be proud of your PIVOT!

*Bringing God’s People Together to Serve God’s People in Need*
MEALS ON WHEELS
Hot, diet specific, lunchtime meals provided to homebound persons, through safe contactless delivery service.
- Delivered by volunteers
- Clients served in 2022: 165
- Meals served in 2022: 20,442
- 52% of meals are free or partial pay
- Number of volunteers: 122
- Volunteer hours: 4,190

THE OPEN DOOR
Hospitality to homeless and displaced persons by providing: coffee, showers, blankets, sleeping bags, toiletries, snacks and a place to be.
- Use of phone, computer and mailbox
- Assistance with Identification: 259
- Transportation Assistance: 103 Bus Tickets
- Average Homeless Per Day: 14
- Total volunteer hours: 1,120
- Total number of visits to Interfaith: 6,100
- Number of showers provided: 1,326
- Sandwiches (courtesy of First United Methodist Church of Oxford): 3,500

WARMING STATION
Provided dining space, showers, clothing and laundry support to the United Way and City of Anniston to help operate the Warming Station at the Bridge on the campus of First United Methodist Church of Anniston.
- Guests of the warming station were able to sleep, dine and fellowship out of the harsh winter elements.
- Days in Operation: 23
- Total Guests: 100
- Average Guests per Night: 45

INTEGRATIVE HEALTH COACH PROGRAM
A fitness and nutrition education program, focusing on underserved populations with lack of access to medical care, nutrition education and fitness opportunities.
- Number of Patients in Program: 30
- Individual Coaching Sessions: 186
- Improved Outcomes - 100%

2022 Total Revenue: $632,911

<table>
<thead>
<tr>
<th>Source of Revenue</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundation Grants</td>
<td>$109,625</td>
<td>17%</td>
</tr>
<tr>
<td>Unrestricted Contributions</td>
<td>$175,158</td>
<td>28%</td>
</tr>
<tr>
<td>Restricted Contributions</td>
<td>$58,020</td>
<td>9%</td>
</tr>
<tr>
<td>State</td>
<td>$67,586</td>
<td>11%</td>
</tr>
<tr>
<td>United Way</td>
<td>$55,829</td>
<td>10%</td>
</tr>
<tr>
<td>Program Service Fees</td>
<td>$78,215</td>
<td>11%</td>
</tr>
<tr>
<td>Federal</td>
<td>$26,658</td>
<td>4%</td>
</tr>
<tr>
<td>City/County</td>
<td>$42,125</td>
<td>6%</td>
</tr>
<tr>
<td>Ad Sales</td>
<td>$18,348</td>
<td>3%</td>
</tr>
<tr>
<td>Investment Income</td>
<td>$1,347</td>
<td>1%</td>
</tr>
</tbody>
</table>

*Ad Sales and Investment Income make up less than 4%.
ADULT DENTAL PROGRAM
The addition of dental students from UAB assisting in the clinics, we were able to drastically reduce the clients we needed to outsource to local dentists and increase the numbers served in our clinic.
- Total served in 2022: 392
- Served in Interfaith Clinic: 828 visits
- Served in Jail Clinic: 52
- Teeth extracted: 1162
- Referred to local dentists for care: 48
- Number of participating dentists: 11
- Number of UAB School of Dentistry student volunteers: 52
- Number of volunteers: 73
- Volunteer hours: 6500

EMERGENCY ASSISTANCE
Provides assistance to individuals or families in crisis to prevent homelessness
- Total served in 2022: 1,772 (698 children)
- Total client assistance: $157,577
- Number of volunteers: 15
- Volunteer hours: 2,076
- Rent assistance: 7% - 52 clients
- Prescription assistance: 22% - 481 clients
- Heat and Utility assistance: 63% - 533 clients
- Other assistance: 8%

<table>
<thead>
<tr>
<th>Service</th>
<th>2022 Total Expenses:</th>
<th>% of Total Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meals on Wheels</td>
<td>$155,818</td>
<td>31%</td>
</tr>
<tr>
<td>SeniorX</td>
<td>$52,626</td>
<td>11%</td>
</tr>
<tr>
<td>Dental</td>
<td>$30,932</td>
<td>6%</td>
</tr>
<tr>
<td>Christmas Clearing House (CCH)</td>
<td>$10,640</td>
<td>2%</td>
</tr>
<tr>
<td>Management</td>
<td>$13,419</td>
<td>3%</td>
</tr>
<tr>
<td>Community Health Progam</td>
<td>$12,665</td>
<td>2%</td>
</tr>
<tr>
<td>*Fundraising</td>
<td>$3,905</td>
<td>0.007%</td>
</tr>
<tr>
<td>*Open Door</td>
<td>$581</td>
<td>0.001%</td>
</tr>
<tr>
<td>*Garden</td>
<td>$172</td>
<td>0.0003%</td>
</tr>
</tbody>
</table>

*Fundraising, The Open Door and Martha’s Garden make up approximately 1% of expenses.

2022 Total Expenses: $500,615
2022 Net Income: $132,296

CHRISTMAS CLEARING HOUSE
Christmas assistance for families and individuals living below the poverty level.
- Families served in 2022: 108
- Children served in 2022: 273
- Number of volunteers: 7
- Volunteer hours: 75

SENIORX
Long term prescription assistance for those without prescription insurance or those who have exceeded their Medicare Part D gap
- Cooperative effort with East Alabama Planning Commission, local physicians, and pharmaceutical companies.
- Clients served in 2022: 1256
- New clients enrolled in 2022: 155
- Prescriptions accessed in 2022: 3766
- Dollar value of prescriptions accessed in 2022: $5,921,285
- Dollar value of prescriptions accessed since 2002: $67,450,933

2022 Total Expenses: $500,615
2022 Net Income: $132,296

Ending Balance of Checking Account 2022: $315,299
Long Term Investments: $169,695
Total Volunteer Hours: 13,961

Ending Balance of Investments 2022: $170,036
Total Available Funds for 2022: $485,335
Total Volunteers: 222
Interfaith Ministries Staff

Pictured left to right: Shelly Prather, Financial Director; Kathy Gaines, SenioRX Coordinator; Jill Pike, Emergency Assistance Coordinator; Shanna Watts, Dental Coordinator; Nancy Hunnicutt, MOW Coordinator; April LaFollette, Executive Director; Julie Edwards, Program Coordinator